

# **2025-2026 Colorado High School Bowling Foundation**

## **Articles and Rules**

### **1. Overview**

#### **1.1 Mission Statement**

The purpose of the Colorado High School Bowling Foundation will be to provide high school students with an opportunity to experience the spirit of team competition and community pride in a team bowling program available to both boys and girls that bridges barriers of size, age, and race, providing its participants, with unique physical challenges and tests of skill in a sport they can enjoy for the rest of their lives.

#### **1.2 Name of Organization**

The name of the organization shall be the Colorado High School Bowling Foundation (CHSBF).

#### **1.3 Membership**

Participation in the CHSBF will be open to high school students who have not reached their 19th birthday prior to August 1 of the current bowling season; CHSBF will be listed as an adult/youth league to allow the age extension. Participation in the CHSBF shall include all **actively** enrolled high-school students and/or any High School student (public, private, charter, home-schooled or online program), or a student with an exemption, within the State of Colorado. A student is **ONLY** allowed to participate in CHSBF for 4 years. Those years do not have to be consecutive. A 5<sup>th</sup> year senior could participate in their first 2 years in high school and then participate in the last 2 years, but is not allowed to participate for all 5 years in high school.

#### **1.4 Advisory Committee**

The Advisory Committee shall be composed of the President, Vice-President, Conference leaders, and the State Administrator.

#### **1.5 Officers**

**1.5.1** The CHSBF shall have 3 officers: President, Vice President, and State Administrator. These offices have 3-year terms.

**1.5.2** The President will be in 2028, State Administrator will be in 2026, and Vice President will be in 2027.

**1.5.3** This season the officers are President- Sandy DeBates 719-930-3136, Vice President- Chris Terebesi 970-260-6274 and State Administrator- Trisha Russell 970-778-5556.

## **1.6 Conference Leaders**

**1.6.1** Conference Leaders are assigned to each conference and have no set term limits. Conference Leaders are as follows: Trisha Russell for Grand Junction, Nathan Kirkley for North Denver Conference, Amy Lay for Central Denver Conference, Jared Kaufmann for East Denver Conference, Rickie Banister for Colorado Springs, Angela Wolfe for South Denver, Larry Stewart Colorado River Valley, Arnulfo Ortega for Lamar, and Pamper Stone for Greeley. If someone would like to run for the position of Conference Leader in a Conference that already has a Conference Leader, they can turn in a resume. If the Advisory Committee approves it, then it will go to the conference level for coaches and parents to vote. The resume needs to be turned in and voted on prior to the end of season. This way if a new Conference Leader is voted in, there is time to get them trained prior to the next season.

**1.6.2** The responsibilities of the Conference Leader are as follows:

- 1.6.2.1** Responsible to get all USBC certification cards/money and participation fees to the Admin by November 2, 2025.
- 1.6.2.2** USBC Cards to be used will be sent via mail from the Admin to the Conference Leader-PLEASE use these. **Or use this URL from Bowl.com [https://bowl.com/getmedia/280402e7-33c5-4873-ab28-adaee791d4a5/membership\\_youth\\_1.pdf](https://bowl.com/getmedia/280402e7-33c5-4873-ab28-adaee791d4a5/membership_youth_1.pdf)**
- 1.6.2.3** To teach the kids the sport of bowling and good sportsmanship.
- 1.6.2.4** Responsible for starting the conference competitions, making announcements, handling questions, and collecting score sheets.
- 1.6.2.5** Sending standing sheets to Trisha Russell.
- 1.6.2.6** If a Conference runs their own spreadsheet, they still must send the Administrator their scoresheets (Only the Admins spreadsheet and standings are Official)
- 1.6.2.7** Making sure coaches/bowlers are following the rules.
- 1.6.2.8** Conference Leaders are expected to attend the annual meeting set by the Advisory Committee.
- 1.6.2.9** Conference Leaders also need to attend any emergency meeting that might be called by the Advisory Committee.
- 1.6.2.10** A Conference Leader has the right to cast one vote at any Advisory meeting.
- 1.6.2.11** A Conference Leader may send someone to represent them at a meeting if he/she is unable to attend.

## **1.7 Directors**

- 1.7.1** There will be at least one director for each conference. The current directors are: Rob Warner for North Denver Conference, Chris Harnish for Colorado Springs, Chris Terebesi and Krissy Kellerby for Grand Junction, Larry Stewart for Colorado River Valley, Jared Kaufmann for East Denver, Bob Huebel for Central Denver, Pamper Stone for Greeley, Angela Wolfe for South Denver, and Katy Jacoby for Lamar. These positions may be changed and/or updated as necessary during the season.
- 1.7.2** The Director positions will be filled by a vote from the Advisory Committee once a resume has been submitted.
- 1.7.3** The Director will help the Conference Leader with, but not limited to, the collection of rosters, fees and USBC cards.
- 1.7.4** They will also help the Conference Leader enforce the rules.

## **1.8 Coaches**

- 1.8.1** Every team should have at least one coach.
- 1.8.2** The responsibilities of the coach are as follows:
  - 1.8.2.1** Have a current RVP Badge and wear said badge every time they are at a practice or competition.
  - 1.8.2.2** Have knowledge of the sport of bowling (Certified Level 1 or above is a plus)
  - 1.8.2.3** Have read and have a thorough knowledge of the CHSBF Rules
  - 1.8.2.4** Responsible to get all USBC certification cards/money and participation fees to the Conference Leader
  - 1.8.2.5** To teach the kids the sport of bowling and good sportsmanship
  - 1.8.2.6** Making sure the team is prepared for competitions (uniform, etc.)
  - 1.8.2.7** Making sure the team follows the rules.
- 1.8.3** The Conference Leader has the ultimate say as to who will be a coach.
- 1.8.4** It is strongly recommended that recent graduates be assistant coaches for at least a year before becoming a head coach.

## **1.9 Registered Volunteer**

- 1.9.1** All Advisory Committee members and Coaches will be Safe Sport Certified and have a current Registered Volunteer Badge.
- 1.9.2** These badges **MUST** be worn when on the lanes with the bowlers.
- 1.9.3** A Conference Leader's knowledge of you having a current badge does not matter, if a Conference Leader, Coach or Director forget their badge for ANY reason, they cannot go down on the lanes.

- 1.9.4** If a Conference Leader, Coach or Director's badge is pending approval or pending delivery, the Conference Leader is responsible for verifying compliance.

## **1.10 Code of Conduct**

All officers, conference leaders, directors, coaches, bowlers and parents are required to sign and follow the applicable CHSBF Code of Conduct (Attached).

## **1.11 Meetings**

- 1.11.1** The Advisory Committee shall meet once a year, at the conclusion of the bowling season.
- 1.11.2** The Advisory Committee shall review policies and procedures, re-evaluate and/or recalculate allowances, and audit financial records. This meeting will be open to the public; however, voting privileges will be limited to designated voting delegates only.
- 1.11.3** At the meeting, if the majority feels the topic is a major topic and all coaches need to be involved, then we will send it out to the head coaches and Advisory Board for a vote. Head coaches are the head coach of a school or a head coach of a co-op team. If we have a quorum of 50% of the Advisory Board either in person or on the phone, on other, less important items, they can be voted on at the meeting.
- 1.11.4** Rule changes mid-season will be voted on by the Advisory Committee unless they feel it is necessary to get the Directors/Coaches involved also.
- 1.11.5** Advisory Committee members, Directors and coaches not able or willing to perform their duties in a timely manner may be suspended or removed based on a vote by the other Advisory Committee members and conference coaches. Such a vote may be called or requested by the other officers and agreed to by such. Issues and concerns should be communicated with an appropriate time for discussion. Time frame between call for vote and results shall be no shorter than one week.

## **1.12 Finances**

- 1.12.1** Any monetary expense incurred by any school, school district or bowler participating in the Colorado High School Bowling Foundation will be voluntary, not required. The costs below will be covered by the participation fee charged to the bowlers and teams and by donations (if any received). CHSBF, the President, Vice President, State Administrator, Conference Leaders, Directors, or coaches are not responsible for any financial burden including, but not limited to, cost of travel, during bowlers' participation in this program.
- 1.12.2** Costs and expenses may include, but are not limited to:
- 1.12.2.1** Trophies and Awards
  - 1.12.2.2** State Tournament and Competition bowling fees.

1.12.2.3 Secretarial and record keeping costs (State Administrator salary-\$1500, if taken)

1.12.2.4 Scholarships (if funds available)

### 1.13 USBC, Participation Fee & Practices

- 1.13.1 The Colorado High School Bowling Foundation will be USBC certified. All prizes earned in the Colorado High School Bowling Foundation will be in the form of scholarships.
- 1.13.2 The USBC National Fee for youth is \$4 unless the bowler has paid through another league. Bowlers that are 18 years old as of August 1, will need to pay their local sanction fee. This fee is based on the local association's dues. **Please note**-the \$4 youth USBC fee covers this league **ONLY!** If a bowler joins a junior league after the \$4 fee is paid, the bowler will be required to pay the state and local dues for their local association. If the bowler wants to bowl in other leagues or tournaments during the CHSBF season, they will be responsible for any additional certification fees.
- 1.13.3 Conference Leaders are responsible for getting the USBC cards filled out and sent, along with the **\$60** per individual bowler participation fee and a **\$100** per team participation fee to the State Admin by **November 2, 2025**.
- 1.13.4 All bowlers must pay the National USBC fee **PRIOR** to bowling in competition.
- 1.13.5 Checks or cash are acceptable payments. Please make checks payable to CHSBF
- 1.13.6 Parents and bowlers: if your check bounces, you will be responsible for the payment of said check, along with the NSF fee the bank charges CHSBF.
- 1.13.7 Conference Leaders and Coaches: If a check bounces in your conference/team and your conference is not the same as the Administrator, your help will be needed in collecting the fees from the responsible party.
- 1.13.8 If a bowler is certified in another league, the conference leader must verify that certification **prior** to submitting their application in for the CHSBF league and it must be notated on the application what league and house they certified in. Please make sure cards are **TOTALLY** completed and **LEGIBLE** before you send them to the State Admin. DOB is required to submit to USBC National database.
- 1.13.9 If a bowler already has a USBC number, please write it on the USBC registration card, this will help alleviate duplicate numbers.
- 1.13.10 If the center the team practices in charges for lanes, the bowler is responsible for this fee.

### 1.14 Sponsorship

- 1.14.1 It is everyone's responsibility to try to get sponsors for our program.
- 1.14.2 Teams may get sponsors to cover all costs.

- 1.14.3** Sponsors who give at least \$100 to the program will be advertised on our social media platform.

### **1.15 Fundraisers**

- 1.15.1** Any team or individual is allowed to do fundraisers.
- 1.15.2** If you/your team choose to do ball drawings, please be advised there are specific legal guidelines you are supposed to follow. A raffle of any type requires the parties to hold a raffle license. If you do not follow those guidelines, all consequences, if they arise, are your/your team's sole responsibility.

### **1.16 School Classification**

- 1.16.1** Competition in bowling is permitted for students in the 9<sup>th</sup> through 12<sup>th</sup> grades currently attending any Colorado High School-Public, Private, Charter, Online or those being Home Schooled. Copies of rosters must be sent to the CHSBF State Admin (Trisha Russell), prior to **November 2, 2025**. Changes to rosters for bowlers within the same school may be made up to the day before the first competition.
- 1.16.2** School IDs must be verified by each Conference Leader. A copy of the student ID will be sent to the State Admin. If a bowler is placed on an incorrect team, the Advisory Board must be notified. Bowler/team could forfeit competitions bowled.
- 1.16.3** If a student is homeschooled, a copy of their Letter of Intent to Homeschool in the State of Colorado can be used.  
**<http://rockymountaineducationconnection.com/homeschool-laws-and-faqs/colorado-notice-of-intent/>**
- 1.16.4** Students that graduate at any point during the school year will be allowed to complete the season as long as they maintain enrollment through the completion of their graduation requirements. Students that withdraw from school for reasons other than graduation will not be allowed to compete in or complete the season.

### **1.17 Conference Definition**

- 1.17.1** There must be at least two teams (co-op teams are acceptable) in the conference with TEN (10) competitions to be eligible as a conference.
- 1.17.2** This is necessary to determine an actual "conference champion".

### **1.18 Conference Start-Up Meetings**

- 1.18.1** Each Conference will have a startup meeting with its coaches.
- 1.18.2** At this meeting coaches will sign that they have read the rules and code of conduct (sent via email prior to season).
- 1.18.3** Coaches should also give copies to their team parents.

**1.18.4** If there is a rule violation, the coach will be responsible.

## **1.19 Uniforms**

**1.19.1** Conferences may choose to follow the following outlined rules regarding uniform/dress code or may choose to adopt conference specific guidelines. Conference specific guidelines need to be submitted to the state advisory board. Regardless of the conference decision, all guidelines documented here will be enforced at the state tournament.

**1.19.2** All teams, including coaches, must have team shirts.

**1.19.3** The Conference Leader is responsible for ensuring each team has shirts, but NOT responsible for the cost.

**1.19.4** It is the responsibility of the team to get their shirts.

**1.19.5** For practice, bowlers are allowed to wear Public School approved Attire.

**1.19.6** For competitions, teams and coaches shall follow the following uniform guidelines:

**1.19.6.1** *Bowlers, Coaches and Conference Leader: Slacks, dress capris, knee length skirts, skorts, dress/golf shorts, and team shirts. For skirts, skorts and shorts, the length will be no shorter than the bottom of fingertips. For individual events, bowlers will be allowed to wear an alternative bowling jersey.*

**1.19.6.2** *No denim, jeans, athletic pants, athletic shorts, yoga pants, or leggings will be allowed. No hats, caps or head gear will be allowed, except with religious exemption.*

**1.19.6.3** *Anyone not in uniform will be asked to change. If they are unable to or unwilling to change, they may be disqualified. Bowlers and coaches/conference leaders will not be allowed on the lanes when not in uniform.*

**1.19.7** Bowlers and coaches must have team shirts by the **third** week of competition.

**1.19.8** Prior to receiving uniforms, bowlers and coaches must wear polos, shirts with school name/logo or bowling jerseys.

**1.19.9** If for some reason team shirts do not arrive by week three, proof of ordering them in time to be received by week three must be shown to the Conference Leader. The team must then bowl in matching-colored polo shirts (school colors) or school shirts until team shirts arrive.

**1.19.10** A bowler joining late must wear a school-colored polo shirt until their shirt arrives-proof of order must be shown to the Conference Leader. If teams have extra "team" shirts, the bowler awaiting their own shirt is allowed to wear one of these.

- 1.19.11** For week three and going forward, if teams are not in uniform or matching polos/school shirts (as stated above), the team will be disqualified and the opposing team will bowl as if bowling the vacant team, i.e., they must bowl within 10 pins of their average to get the point for head-to-head and within 50 for the team point.
- 1.19.12** If one bowler is out of uniform, the coach can set them out that week, but the bowler is not allowed in the bowling area.
- 1.19.13** If the bowler is sat out and the team does not have 5 bowlers, the bowler's absent score will be used.
- 1.19.14** We prefer bowlers to use their actual name on their uniform, but if a nickname is wanted on a shirt, it must be approved by the State Admin **PRIOR** to having shirts made.
- 1.19.15** Coaches need to be dressed in business attire for competitions if they do not have their team uniform.
- 1.19.16** Coaches should be dressed in school appropriate attire for practice.
- 1.19.17** At the State Tournament a coach **MUST** wear either their team uniform or a CHSBF-name badge-available at their expense. Contact the State Admin if you would like a badge.

## **1.20 Electronics:**

No electronic devices will be allowed during competition except for **scoring apps**. This includes the use of headphones or earbuds, unless approved by a state official. Coaches are allowed to use their phone or tablet for scoring calculations during competitions or videoing during practice only and with parental consent.

## **1.21 Transportation:**

- 1.21.1** It will be the responsibility of each participant in the CHSBF to arrange for his/her transportation to and from practices, competitions, and State Tournaments.
- 1.21.2** CHSBF, Schools, Conference Leaders, coaches, and bowling centers will not be held accountable for any actions arising as a result of travel in connection with Colorado High School Bowling Foundation activities.
- 1.21.3** Parents are the sole responsible party for their bowler during participation in any CHSBF event.

## **1.22 Lane Courtesy:**

- 1.22.1** Bowlers must observe lane courtesy.
- 1.22.2** Bowlers stepping onto the approach must check right and left to make sure there isn't anyone on the right or left lanes next to them. If there is, they need to wait for those bowlers to finish rolling before they begin their approach.

## **1.23 Awards:**



- 1.23.1 Awards for Conference Champions will be awarded when the teams attend the State Finals. All monetary awards earned will be in the form of scholarships administered through the USBC smart program.
- 1.23.2 State Champions (Team and Individuals) will receive an award, to be determined by the advisory board and conference leaders. If coaches would like an award, they may receive one at their own expense.
- 1.23.3 A bowler must bowl **5** regular competition games, with the same hand, to receive an Individual award at the end of the season.

#### **1.24 Communication:**

- 1.24.1 It is the responsibility of all Conference Leaders, Directors and Coaches to respond to emails, texts, and calls. When an email is sent with information for bowlers or parents, it is the responsibility of the leader to forward it to them.
- 1.24.2 This is imperative, especially when a vote or discussion is needed.
- 1.24.3 Our Facebook page is where most of our important announcements will be found. Check with your Conference Leader to see if your Conference has its own page. Conferences are encouraged to set up a social media account to keep in contact with students, coaches, parents, and other conferences.
- 1.24.4 Our website is [www.coloradohsbowling.com](http://www.coloradohsbowling.com)
- 1.24.5 Our Facebook page is *Colorado High School Bowling Foundation*
- 1.24.6 Email address to contact us is [coloradohsbowling2018@hotmail.com](mailto:coloradohsbowling2018@hotmail.com).

#### **1.25 Contingencies:**

Any situation arising that is not covered by these guidelines shall be covered by the USBC Rule Book and/or the CHSBF Advisory Committee.

## **2. Conference Playing Rules**

### **2.1 Team Structure**

- 2.1.1 A team shall consist of 5 competing bowlers plus up to 5 alternates, max number per team is 10. Every team should be represented by a coach with an RVP badge and safe sport certificate. This means a coach can coach more than one team. We have implemented this due to the lack of coaches in some areas. During State competition, if two teams represented by the same coach happen to make it, the coach can represent both teams and they can ask another coach to come to fill in for one of the teams.
- 2.1.2 Teams joining after the first competition, but prior to Week 3 will receive 90% of the last place teams points.

- 2.1.3** RVP Badges and safe sport certification are mandatory for anyone who is down on the lanes with your bowlers. It is the Conference Leaders responsibility to make sure everyone involved with the bowlers has a CURRENT badge.
- 2.1.4** Coaches may change player(s), from their roster only, after a game, but not in the middle of a game.

## **2.2 Bowler Placement:**

The following guidelines will be used as best practice to place bowlers on teams. The conference leader will use the best judgement in making these decisions. The state officers and advisory committee will be available for assistance as needed.

- 2.2.1** Bowlers who go to a school that has a High School Team will bowl for the team unless they fall under the “free agent” clause explained below.
- 2.2.2** If a bowler does not have a bowling team the following will be the order of precedence to assign a bowler to a High School team:
- 2.2.3** Verify bowler’s high school/district. Verification will be in the form of a current school I.D., transcript from the school or by a letter from the High School administration stating that the bowler is a student at the High School. This will establish the High School and subsequently the district to which the bowler belongs.
- 2.2.4** Assign bowler to High School team based on district team needs based on the following desired guidance:
  - 2.2.4.1** *Bowlers will be assigned to a district team if that team has less than 5 bowlers and the other district teams have 5 or more bowlers.*
  - 2.2.4.2** *If enough unassigned bowlers join from the same school, that school will have its own team.*
  - 2.2.4.3** *If more than one team in the district needs a bowler, the conference leader will draw a team name out of a hat for the bowler.*
  - 2.2.4.4** *If there are multiple bowlers and teams, names will be drawn to correspond with the team’s name that is drawn.*
- 2.2.5** If multiple teams have less than 5 bowlers and cannot field a team, we will discuss and merge teams, where needed, to make co-op teams.
- 2.2.6** If no teams in the district need a bowler, CHSBF will go outside the district to teams in need of bowlers. If there is only one bowler, the team with the least number on their roster will gain that bowler. If there are multiple bowlers, then the teams will draw for bowlers-the teams with the least number of bowlers draw first.
- 2.2.7** For a Charter school, we will go by the district the school is in and do the above in order.
- 2.2.8** For all homeschoolers and online schoolers, we will go by their designated school/district address and do the above.

**2.2.9** If a free agent was on a team previously:

**2.2.9.1** They need to stay on that team, unless their team is disbanded, or their school starts their own team. If their school starts their own team, the bowler must bowl for that team. Bowlers that bowled in the 2024-2025 CHSBF season will be allowed a one-time grandfather option to stay on their current team.

**2.2.9.2** If a new team starts up in a free agent bowlers school district (if they were on a non-home district team), the same will apply as above-as long as the bowler leaving does not leave the team without a full roster.

**2.2.10** If a new conference starts up, which includes a bowler's/team's school, and said bowler/team has already bowled in another conference, a bowler/team that bowled in the 2024-2025 CHSBF season will be given a one-time grandfather option to stay in their current conference or move to the new conference which now includes his/her school. (This rule applies to all individuals on a team, the entire team does not have to make the same choice.)

**2.2.10.1** They need to stay on that team, unless their team is disbanded, or their school starts their own team. If their school starts their own team, the bowler must bowl for that team. Bowlers that bowled in the 2024-2025 CHSBF season will be allowed a one-time grandfather option to stay on their current team.

**2.2.10.2** If a new team starts up in a free agent bowlers school district (if they were on a non-home district team), the same will apply as above-as long as the bowler leaving does not leave the team without a full roster.

**2.2.10.3** If a new conference starts up, which includes a bowler's/team's school, and said bowler/team has already bowled in another conference, that bowler/team is given a one-time option to move to the new conference which now includes his/her school. (This rule applies to all individuals on a team, the entire team does not have to make the same choice.)

**2.2.11** If there is a conflict with the placement of a bowler, the conference leader will consult with the advisory board for additional guidance.

**2.2.12** If there needs to be a change after competitions begin, that is not covered in the rules, it needs to be brought to the President and State Administrator before it happens. Each case will be reviewed on an individual basis.

**2.3 Lane Conditions:**

All lanes should be freshly oiled for competitions-HOUSE SHOT; **no sports patterns allowed.**

**2.4 Format for Competitions:**

**2.4.1 Team Practices:** Official practices begin the first week of October. Conference Leaders/Coaches are responsible for setting up practice times with the center they practice in. (Conf. Leaders if all in one center, coaches, if

teams practice in different centers. Practice is not mandatory. Bowlers are responsible for any fees charged by the center they practice in.

- 2.4.2 Competitions:** There will be a total of ten competitions. If conferences bowl extra, those scores DO NOT count towards points or averages. A conference's final competition needs to be held prior to February 2, 2026, with score sheets being submitted immediately after the competition is completed.

**2.4.3 Format:**

Five players bowl one game each (regular bowling) followed by five players bowling two games of Baker-style bowling.

**2.4.4 Average:**

- 2.4.4.1** Any bowler who participated in the Colorado High School Bowling Foundation program last year (2024-2025) will use that ending average of at least three games as their entering average for the 2025-2026 season.
- 2.4.4.2** If the bowler does not have an entering average, he or she will use the following procedure in this order:
- 2.4.4.2.1** Use their 2024-2025 USBC book average of 21 games or more.
- 2.4.4.2.2** Current youth league average of 12 games or more
- 2.4.4.2.3** If none of the above applies, the bowler will bowl **6** games, at the bowlers' expense, prior to **October 20, 2025**, under a coach's supervision and this will be used as their starting average. A printout of the scores, showing pinfall, must be sent to the State Administrator.
- 2.4.4.3** *If a bowlers' 2024-2025 USBC book average of 21 games or more is 10 or more pins higher than their 2024-2025 CHSBF average, they will use their USBC book average as their entering average.*
- 2.4.4.4** *The entering average will be used for the first three games, prior to any adjustments.*

**2.4.5 Handicap:**

Handicap for the regular games will be 70% of the difference between the individual's average and 220 with a maximum handicap of 110. Handicap for the Baker matches will be determined by adding all five bowlers' handicaps together and then dividing by five to get the "team handicap". When calculating handicap values, the number is **always** rounded down.

**2.4.6 Points:**

Points will be awarded to the team based on their standings for that week's conference meet. Example: A conference with 8 teams will award the team in first place 8 points, the 2<sup>nd</sup> place team would receive 7 points, and so on down the line. We will use the Peterson point system for the regular game as well, so this means your #1 bowler will be bowling against the opposing #1 bowler, #2 against #2 and so on down the line. If your total team scores beat

your opponent's team score, you will receive **2** additional points. Total Match points available per regular game is **12**: 2 per game for each of the 5 bowlers and **2** for total of all **5** games plus all handicaps. Points will be awarded for Baker games as follows: **2** points for each Baker game and **2** points for Baker match-total Baker points. There are also **2** points for TOTAL of regular and baker game scores (plus handicap). Total head-to-head points available are now **20**.

#### **2.4.7 Practice balls:**

There will be 10 minutes of practice. All bowlers will be included in the practice. Bowlers will practice on **both lanes** of the pair they are scheduled to bowl on that week. Any bowler wishing to practice before the conference competition begins may do so but must complete practice **15 minutes** before the conference competition begins and may not bowl on any of the lanes that will be used for the conference meet. Bowlers will be responsible for paying the center for those practice games.

#### **2.4.8 Lineups:**

The team on the **left** lane will set their lineup first and then allow the team on the right lane to see their lineup so they can set their own lineup. Lineups need to be done as quickly as possible. Coaches should know positions by the time practice is done and get them down so the other team can put theirs down. When lineups are set, both teams are allowed to see them. After posting the lineup, no position changes will be made except for substitutions. If the team on the left needs to put in a last-minute substitution, the team on the right is allowed to rearrange their lineup, if they choose.

#### **2.4.9 Legal lineups:**

A minimum of **2** bowlers of any combination will constitute a legal lineup.

#### **2.4.10 Absent Bowlers:**

- 2.4.10.1** For regular games, the absent bowler's average minus 10 pins will be used. The bowler competing against an absent bowler must bowl within 10 pins of their average to win the point.
- 2.4.10.2** If a bowler is absent for Baker games, the team will use an absent score which is dependent upon the absent bowler's average: Average =
  - >190 each absent frame receives 9 pins
  - 160-189 each absent frame receives 8 pins
  - 130-159 each absent frame receives 7 pins
  - 100-129 each absent frame receives 6 pins
  - <100 each absent frame receives 5 pins
- 2.4.10.3** Absentee scores are allowed for **two** consecutive weeks, after which the team will use the vacancy score of 120 plus 70 pins handicap for the absent bowler-even if they know the bowler will be returning.

- 2.4.10.4** An absent bowler is one who is not participating in the competition due, but not limited to illness, out of town, conduct or grade infractions at school, etc.
- 2.4.10.5** Lineups for absent and vacant bowlers in head-to-head competition, when teams bowl each other, must be set as follows:
- Vacant vs. absent
  - Vacant vs. vacant
  - Absent vs. absent
- 2.4.10.6** Points will go to the team that takes the regular total points.
- 2.4.10.7** If a team bowls a Vacant team, they must bowl within 10 of their (scratch) average for the head-to-head points and within 50 of their (scratch) average for the team point.
- 2.4.10.8** Bowlers that are not at the center ready to bowl at the start of competition will not be allowed to bowl during the individual competition portion. If the team does not have 5 other bowlers, the team will use the bowlers absent score. The bowler may bowl during the baker games at the coach's discretion.

**2.4.11 Eligibility:**

Bowlers must meet all USBC youth eligibility requirements to be able to participate. If a team is following their school guidelines, **eligibility may include grades. Grand Junction conference** will abide by CHSAA grade eligibility. A coach is allowed to sit a bowler during practice or competitions if he/she feels it to be necessary. If a bowler is consistently causing problems, a coach may bring the problem to the President, Vice President, and State Administrator for a possible suspension from CHSBF. Depending on the violation, a bowler may be suspended permanently.

**2.4.12 Substitutions:**

Substitutions may only be made between games. No substitutions will be allowed once a game begins.

**2.4.13 Injuries:**

A bowler suffering an injury during a game may be replaced by another team member in the following game. An absentee score will be used for the game in which the player was injured. If the bowler has bowled some of the frames, those are used to calculate the absent score for that game. Automated scoring systems will do this automatically based on the bowlers entering average.

**2.4.14 Change of Hands:**

If a change of hands for delivery is needed during the season, it must be brought to the Admin. **PRIOR** to the change. The advisory board will approve or disapprove the change.

#### **2.4.15 Pre-bowl/Makeups:**

This rule is in effect ONLY if the Conference Leader is allowing Pre and post bowling. This must be decided prior to competitions beginning. A team, if several cannot make a competition, can pre- or post- bowl, if approval is given by the Conference Leader. All make-up games MUST be done before or during that team's practice day so scores can get to Admin. in time to process prior to the next competition. The Conference Leader will designate an official to be present during this time to confirm scores/rules. This may be an Executive Board member, Conference Leader, Director or Coach from a different team. This individual cannot be directly involved in the team competing.

#### **2.4.16 Alcohol and Tobacco:**

Tobacco products (including e-cigs) and alcohol will **not be permitted** during practice sessions and conference competitions (including State Tournament) by bowlers, coaches or any person officially connected with the teams. Spectators must smoke outside the building. If a spectator wants an alcoholic beverage, it must be consumed in the bar/lounge area.

#### **2.4.17 Unsportsmanlike conduct:**

Including, but not restricted to, vulgar language, or abuse of equipment or facilities is **NOT** permitted. This is a **zero-tolerance** policy. The bowler may receive only 1 warning per conference meet. A second offense will result in a zero score being assigned and/or disqualification from the event.

#### **2.4.18 Foul Line:**

The foul line shall be observed during competition. Awards will not be issued if automatic foul detecting devices, or a human foul judge is not used. When a player deliberately fouls, the player shall receive zero pinfall for that frame. A second offense will result in a zero for the game.

#### **2.4.19 Conduct:**

All bowlers will remain in the immediate bowling area while the competition is in progress. Bowlers will be expected to follow the previous bowler promptly and will be required to bowl as soon as the one lane to their right and left are clear. The coach of a participating school team and/or the Conference Leader is responsible for the enforcement of the CHSBF league rules. The President or the CHSBF Advisory Committee in his/her absence shall have the final say on enforcement when coaches cannot agree on the penalty that should be handed down. Bowlers will be required to sign a Code of Conduct document at the start of the season. A coach is allowed to sit a bowler during practice or competitions if he/she feels it to be necessary. If a coach or bowler is consistently causing problems, the situation will be brought to the President, Vice President, and State Administrator for resolution. Up to two written disciplinary actions may be given prior to enforcing a suspension of the remainder of the season. Depending on the violation, the written

disciplinary action may be skipped and a permanent suspension may be enforced.

#### **2.4.20 Inappropriate Items/equipment:**

Participants in the CHSBF shall **not** wear apparel (to include arm sleeves, towels, rosin bags, etc.) depicting alcohol, tobacco, gambling, an illegal substance or inappropriate language/gestures during practice or competitions. Bowling balls must be USBC approved and not depict alcohol, tobacco, gambling, an illegal substance, or inappropriate gestures. The Conference Leader will bring any item in question to the attention of the President, Vice President, and State Administrator. They will give a ruling as to whether it can be used or not. If equipment is found to be illegal, the bowler will be disqualified and the bowler's scores will be zeroes for that competition (reference USBC Rules, Chapter 8, paragraph 6). Rosin bags must be kept in a bag, Ziploc or similar, to reduce the spreading of the rosin powder.

#### **2.4.21 Conduct of Spectators:**

If a spectator at a sponsored or approved activity becomes physically or verbally abusive, uses vulgar, obscene, or demeaning expression, or in any way impedes the performance of an activity, the spectator may be removed from the event by the Conference Leader and/or the Bowling Center management and he/she may recommend the exclusion of the spectator at future practices and/or competitions. The Conference Leader and the bowling center management will agree on action to be taken.

#### **2.4.22 Video Recording and Live Streaming**

Video recording and live streaming are commonly used in the sport of bowling for both training and spectator engagement. By participating in a CHSBF-sanctioned event, bowlers acknowledge and accept that video and/or live coverage may occur and, as such, waive any expectation of privacy during competition.

If a bowler has extenuating circumstances that may be impacted by this policy, they are encouraged to contact the CHSBF President, Vice President, State Administrator or Conference Leader for consideration.

#### **2.4.23 Authorized Personnel:**

The coaches, league officials, participating bowlers, and center staff, as needed, are the **only** persons authorized to be in the bowler's area during the match. Spectators and other interested parties must remain behind the area defined as the bowler's area.

#### **2.4.24 Scorekeeping:**

Scorekeeping will be performed by a computer/automatic Scoring unit in centers. **It is the responsibility of coaches to verify that scoresheets of their opposing team are complete and accurate.** Please read everything before you sign and verify it as accurate! Coaches **must sign** the scoresheet



and leave it with the Conference Leader. Please retain computer printouts of each game for verification, if needed.

**2.4.25 Protests:**

The coach, as representative of the bowling team, must file any protest within 24 hours, or scores shall stand. Protests shall be filed with the State Administrator. The President, Vice President and State Administrator will have the final say on a protest.

**2.4.26 Contingencies:**

Any situation arising that is not covered by these guidelines shall be covered by the USBC Rule Book and/or the CHSBF Advisory Committee.

**2.4.27 Tie for conference champion:**

**2.4.27.1 For a two-way tie:**

**2.4.27.1.1** The 2 teams tied for the conference championship will bowl another competition round consisting of 1 5-person individual game plus 2 baker games, with handicap, bowling for the 20 points available as defined in the CHSBF rules. The team with the most points will be named conference champions.

**2.4.27.1.2** If there is a 10-10 point tie after this competition, then the 2 teams bowl a 1-game baker game for total pins of that baker game, higher game (with handicap) wins.

**2.4.27.1.3** Teams will bowl on the same lane they bowled their first baker game on. Lanes are not re-oiled. If there is a tie after the 1 baker game, change lanes on the same pair and bowl another baker game. Continue 1-game baker games on the same pair of lanes until one team has a higher game score than the other.

**2.4.27.2 For a three-way tie:**

**2.4.27.2.1** The 3 teams will bowl a 3-game Baker set for total pins, with handicap. The 3 teams will bowl on adjacent lanes (example: Lanes 1, 2, and 3). Each team bowls 1 baker game on each lane, moving right after each game; lane 3 moves will move to lane 1. The team with the highest pin total, plus handicap after the 3 games will be the conference champions.

**2.4.27.2.2** If there is a tie between 2 of the teams after this 3-game baker match, then the 2 teams that tied, roll another single baker game against each other for total pins plus handicap. If there is a tie after the 1 baker game, change lanes on the same pair and bowl another baker game. Continue 1-game baker games on the same pair of lanes until one team has a higher game score than the other.

### 3. State Finals Team Event

**State Date:** State Tournament will be February 14-15, 2026 (President's Day Weekend). Team event will be on February 14, 2026, and Individual event will be on the February 15, 2026, at Orchard Mesa Lanes, Grand Junction, CO.

**Suggested Future State Tournaments were to be:** 2027 Denver area, 2028 Colorado Springs. These are suggestions and may change.

#### 3.1 **Averages:**

For team the event, bowlers will use their 2025-2026 CHSBF season ending (minimum 5 game) average.

#### 3.2 **Eligibility:**

All teams that qualify for the State Tournament are eligible as long as they are in good standing with CHSBF, and the team has bowled at least 7 regular season competitions. To be eligible for the State Tournament (**Individual or team**), a **player must have bowled at least 5 regular games**, with the same hand, in the season (not to include games bowled for average). Bowlers will use the hand in which they qualified for State. The top **40%** of teams from each Conference (with most points) will advance to the State Finals (% may change due to number of teams involved and number of lanes available). If a bowler is not bowling in the State Tournament with their team, they are not allowed to be in the settee area with their team.

#### 3.3 **Wildcard Teams:**

If a wildcard team is needed to make the team count even, we will take all the "next in line State qualifiers" in each conference and determine who has the highest handicap pinfall for the season and that team will be the wildcard. If we need more than one, we will go down, in order, of those "next in line State qualifiers" to determine the other wildcard teams.

#### 3.4 **Teams:**

Teams will be made up of five participating bowlers plus reserves. The reserve bowlers can enter at the beginning of any game. **All bowlers are required to bowl in at least two regular and two Baker games at the State Tournament.**

#### 3.5 **Substitutes:**

No subs will be allowed at the State Tournament. If a bowler cannot make State for ANY reason, their blind score will be used.

#### 3.6 **Format:**

The team matchups for the state tournament will be based on results from the Conference Level. The overall placement of the teams for the state tournament will be as follows:

1. All Conference Champions will be grouped together, then ranked by pinfall.
2. All 2<sup>nd</sup> place teams will be grouped together, then ranked by pinfall.
3. All 3<sup>rd</sup> place teams will be grouped together, then ranked by pinfall.

4. This will continue through the remaining places.
5. Any wild card teams will be ranked by pinfall at the bottom of the ranking.

A pod system will then be used to determine the team matchups and lane assignments, depending on the number of teams competing in the tournament.

All teams will bowl four qualifying rounds, each consisting of one five-person game and two Baker games. After each round, teams will move to the next assigned pair of lanes.

Following the four qualifying rounds, the field will be cut to the top five teams for the finals. The finals will use a stepladder format, with each match consisting of two Baker games (one on each lane). If there is a tie for the 5th stepladder spot, a one-game regular format roll-off will be held. If a tie occurs during the stepladder finals, a one-game Baker roll-off will determine the winner.

### **3.7 Oil Pattern:**

The oil pattern for the State Tournament will be a **House Shot**.

### **3.8 Handicap:**

All regular games will have handicap of 70% from 220 with a maximum handicap of 110. Baker games will also use handicap. Handicap calculations are always rounded down.

### **3.9 Position Standings (Points):**

Points will be given just as in competition. For example, if there are 24 teams, after completion of the FIRST set - **1 regular 2 baker games**-we will run scores and give points. There will be 24 points given for 1<sup>st</sup>, 23 for second, etc. There will also be match points, just as in competitions. In case of a tie for positions, the position points involved will be added together and divided among the teams that are tied (Example: 1<sup>st</sup> and 2<sup>nd</sup> are tied, 24 + 23 will be added and divided by 2 and each team would get that amount). **The team on the left lane will set their lineup first** and then allow the team on the right lane to see their lineup so they can set their own lineup. When lineups are set, both teams are allowed to see them.

### **3.10 Awards:**

Teams that place 1<sup>st</sup> through 5<sup>th</sup> will receive awards. Awards to be determined by the state advisory board. All monetary awards earned will be in the form of scholarships administered through the USBC smart program. Coaches may receive a team award at their own expense.

### **3.11 Practice for Stepladder Finals:**

Bowlers who are bowling the first match will be allowed 2 balls each per lane to warm up. During stepladder finals, the teams not bowling-**coming into (not all teams)** the next match- will be able to stay warmed up on another pair of lanes. **No bowler who is competing in a match is allowed to use these practice lanes**

**during said match.** Also, during stepladder finals, the team coming into each match will have a chance to roll 2 balls per bowler per lane. All stepladders will be bowled on the same pair.

### **3.12 Lunch:**

There is no designated lunch break (during the team event).

### **3.13 Check In Time:**

Check-in will be 7:45-8:30am. Announcements will begin around 8:30am, with practice starting after the announcements. If a team does not have a full line-up, an absentee score (average minus 10 pins) will be used. The absentee score will be that of the bowler on the roster with the **most games** bowled during regular season. Absentee score in the Baker games is the same as in competition. Teams will check in as a team. If a bowler is absent, the coach will notify a CHSBF officer, and the team may be allowed to check-in without the absent bowler. If the missing bowler does not check in by 8:30, the bowler will not be allowed to compete in the team event. If a team does not check in by 8:30, the team will be disqualified and will not be allowed to bowl in the team event. If there is a legitimate reason for delayed check-in as determined by the advisory board, exceptions may be granted, for example weather-related delays.

### **3.14 Score sheets:**

Each coach will be given their score sheets and lane assignments at the time of check-in.

## **4. State Finals Individual Event:**

### **4.1 Eligibility:**

Once the State center is selected, we will decide the number of bowlers by the number of lanes the center has, leaving a pair for breakdowns. The admin will determine the ratio of boys/girls to determine % of each to take. Once this is determined, the admin will check averages between the 7<sup>th</sup> and 8<sup>th</sup> week of competition to determine the cutoff. The average cutoff given will be set higher to give room for improvement through the end of the season. Averages will be adjusted, if necessary, once the season has ended and final averages are determined. Averages to qualify for Individual State will be season ending average. Bowlers will use the average and hand in which they qualified for State.

### **4.2 Format:**

Lane assignments will be randomized. All bowlers will bowl 5 games, moving lanes in between each game. Lane movement will be determined by the tournament management based on number of teams and bowling center capacity. All games will be added together to get the total for each bowler. We will announce a **30-minute lunch** once we determine the approximate finish time of the last pair finishing. The lanes will be re-oiled during lunch break. After lunch, the 50% cut (male and female) will be announced. If for some reason we have an odd number the first half, we will

take an extra bowler into the second half, 25% of the bowler's pinfall will carry over to this second half. Bowlers will bowl another 3 games. We will then cut to the top 16 male and female. There will be no carryover into the top 16. Then single game bracket style (1<sup>st</sup> bowling 16<sup>th</sup>, 2<sup>nd</sup> bowling 15<sup>th</sup>, and so on) until the top 4-person bracket is set. The top 4 bowlers will bowl stepladder finals (male and female based upon initial 16-person bracket seeding). Stepladder finals will be bowled on one pair of lanes with fresh oil. Lane movement after the initial 5 games will be announced prior to final 4 step ladder starts.

#### **4.3 Lanes:**

The lane move pattern will be determined based on the number of lanes in use.

#### **4.4 Handicap:**

**There will be no handicap for the individual competition. The individual competition will be SCRATCH.**

#### **4.5 Position Standings:**

As games are bowled, we will get standings out as soon as possible and posted to keep bowlers up to date on where they stand.

#### **4.6 Lanes:**

We will have the male and female stepladder finals on adjacent pairs of lanes.

#### **4.7 Awards:**

Awards will be given to the male and female 1<sup>st</sup>-4<sup>th</sup> place finalists. All monetary awards earned will be in the form of scholarships administered through the USBC smart program.

#### **4.8 Practice:**

All 4 (male and female) bowlers in the stepladder finals will get 2 balls on each lane at the beginning of the stepladder. All male stepladders will be bowled on the same pair and all female stepladders will be bowled on the same pair. Each bowler coming into a new match is allowed to roll 2 balls per lane before their match.

#### **4.9 Lane Courtesy:**

Bowlers must observe lane courtesy. Bowlers stepping onto the approach must check right and left to make sure there isn't on the right or left lanes next to them. If there is, they need to wait for those bowlers to finish rolling before they begin their approach.

#### **4.10 Check In Time:**

Check-in will be 7:45-8:30am. Announcements will begin around 8:30am, with practice starting after the announcements. If a bowler does not check-in by 8:30am, **their spot will be forfeited.**

## **5. General State Information**

### **5.1 Video Recording and Live Streaming**

Video recording and live streaming are commonly used in the sport of bowling for both training and spectator engagement. By participating in a CHSBF-sanctioned event, bowlers acknowledge and accept that video and/or live coverage may occur and, as such, waive any expectation of privacy during competition.

If a bowler has extenuating circumstances that may be impacted by this policy, they are encouraged to contact the CHSBF President, Vice President, or State Administrator for consideration.

### **5.2 Uniforms:**

ALL COACHES, CONFERENCE LEADERS AND BOWLERS will be held accountable for the dress code. The following dress code will be enforced:

- 5.2.1** Bowlers, Coaches and Conference Leader: Slacks, dress capris, knee length skirts, skorts, dress/golf shorts, and team shirts. For skirts, skorts and shorts, the length will be no shorter than the bottom of fingertips. For the individual event, bowlers will be allowed to wear an alternative bowling jersey.
- 5.2.2** No denim, jeans, athletic pants, athletic shorts, yoga pants, or leggings will be allowed. No hats, caps or head gear will be allowed.
- 5.2.3** Anyone not in uniform will be asked to change. If they are unable to or unwilling to change, they may be disqualified. Bowlers and coaches/conference leaders will not be allowed on the lanes when not in uniform.

### **5.3 Two Handed Bowlers:**

Equipment should be checked by the coach prior to competitions. If equipment is found to be illegal, the bowler will be disqualified and the bowlers scores will be zeroes for that competition (reference USBC Rules, Chapter 8, paragraph 6)

### **5.4 Bowler's area:**

Only coaches, conference leaders and bowlers are allowed in the bowler's area. All coaches and conference leaders must have their RVP badge. If someone is new and has not yet received their badge or if someone forgets their badge it is the discretion of the State Administrator, President, and Vice President to determine if they should be allowed in the bowler's area. If someone has not received their badge, they need to bring proof of submission of their application.

### **5.5 Rules:**

Any violation of the above playing rules may result in disqualification. Any situation arising that is not covered by these guidelines shall be covered by the USBC Rule Book.

### **5.6 Foul Line:**

The foul line shall be observed during competition. Awards will not be issued if automatic foul detecting devices, or a human foul judge is not used. When a player

deliberately fouls, the player shall receive zero pinfall for that frame. A second offense will result in a zero for the game.

#### **5.7 Unsportsmanlike conduct:**

Including, but not restricted to, vulgar language, or abuse of equipment or facilities is not permitted. This is a **zero-tolerance** policy. The bowler may receive only 1 warning. This warning can be from any CHSBF officer, conference leader or coach. All warnings will be communicated to a CHSBF officer. A second offense will result in a zero score being assigned for the game. In addition, a bowler may be removed from competition and removed from the bowling center.

#### **5.8 Conduct:**

All bowlers will remain in the immediate bowling area while the competition is in progress. Bowlers will be expected to follow the previous bowler promptly and will be required to bowl as soon as the one lane to their right and left are clear. The coach of a participating school team and/or the Conference Leader is responsible for the enforcement of the CHSBF league rules. The President or the CHSBF Advisory Committee in his/her absence shall have the final say on enforcement when coaches cannot agree on a situation. Bowlers will be required to sign a Code of Conduct document at the start of the season. A coach is allowed to sit a bowler during competitions if he/she feels it to be necessary. If a coach or bowler is consistently causing problems, the situation will be brought to the President, Vice President, and State Administrator for resolution. The Executive Board will determine the appropriate action to be taken. This can include removing the individual from the game or from the tournament.

#### **5.9 Rosin Bags:**

Rosin bags must be contained in a bag so as not to spread unwanted rosin powder onto the floor, tables, other bowlers' equipment, and lanes.

## Example PODs for State Team Event:

These are examples of team formats based on the number of teams competing. Lane assignments are subject to change.

### 1. 20 Teams (5-Pods, 4-Teams per Pod)

Rd1		Lanes		Rd 2		Lanes		Rd 3		Lanes		Rd 4		Lanes	
1	20	1	2	1	16	4	3	1	12	17	18	1	8	20	19
2	19	11	12	2	15	14	13	2	11	7	8	2	7	10	9
5	4	3	4	5	20	6	5	5	16	19	20	5	12	2	1
6	3	13	14	6	19	16	15	6	15	9	10	6	11	12	11
9	8	5	6	9	4	8	7	9	20	11	12	9	16	14	13
10	7	15	16	10	3	18	17	10	19	1	2	10	15	4	3
13	12	7	8	13	8	10	9	13	4	13	14	13	20	16	15
14	11	17	18	14	7	20	19	14	3	3	4	14	19	6	5
17	16	9	10	17	12	12	11	17	8	15	16	17	4	18	17
18	15	19	20	18	11	2	1	18	7	5	6	18	3	8	7

### 2. 24 Teams (4-Pods, 6-Teams per Pod)

Rd1		Lanes		Rd2		Lanes		Rd3		Lanes		Rd4		Lanes	
1	24	1	2	1	13	6	5	1	7	18	17	1	6	23	24
2	23	13	14	2	14	18	17	2	8	4	3	2	5	7	8
3	22	3	4	3	15	8	7	3	9	22	21	3	4	1	2
4	21	15	16	4	16	20	19	4	10	5	6	7	12	16	15
5	20	5	6	5	17	10	9	5	11	19	20	8	11	14	13
6	19	17	18	6	18	22	21	6	12	7	8	9	10	12	11
7	18	7	8	7	19	12	11	13	19	10	9	13	18	3	4
8	17	19	20	8	20	24	23	14	20	16	15	14	17	21	22
9	16	9	10	9	21	14	13	15	21	24	23	15	16	5	6
10	15	21	22	10	22	2	1	16	22	11	12	19	24	20	19
11	14	11	12	11	23	16	15	17	23	1	2	20	23	10	9
12	13	23	24	12	24	4	3	18	24	13	14	21	22	18	17



### 3. 28 Teams (4-Pods, 7-Teams per Pod)

Rd1		Lanes		Rd2		Lanes		Rd3		Lanes		Rd4		Lanes	
1	28	1	2	1	9	8	7	1	15	15	16	1	8	20	19
2	27	11	12	2	10	18	17	2	16	25	26	2	7	4	3
3	26	21	22	3	11	28	27	3	19	9	10	3	6	18	17
4	25	4	3	4	8	9	10	4	21	5	6	4	5	24	23
5	24	14	13	5	12	20	19	5	18	7	8	5	4	23	24
6	23	23	24	6	13	2	1	6	20	12	11	6	3	17	18
7	22	6	5	7	14	12	11	7	17	19	20	7	2	3	4
8	21	15	16	8	4	10	9	8	28	28	27	8	1	19	20
9	20	26	25	9	1	7	8	9	22	2	1	9	14	13	14
10	19	8	7	10	2	17	18	10	23	4	3	10	13	11	12
11	18	17	18	11	3	27	28	11	24	24	23	11	12	8	7
12	17	28	27	12	5	19	20	12	25	14	13	12	11	7	8
13	16	9	10	13	6	1	2	13	26	18	17	13	10	12	11
14	15	19	20	14	7	11	12	14	27	22	21	14	9	14	13
15	14	20	19	15	24	3	4	15	1	16	15	15	20	21	22
16	13	10	9	16	23	15	16	16	2	26	25	16	19	5	6
17	12	27	28	17	22	13	14	17	7	20	19	17	18	2	1
18	11	18	17	18	25	21	22	18	5	8	7	18	17	1	2
19	10	7	8	19	26	25	26	19	3	10	9	19	16	6	5
20	9	25	26	20	27	6	5	20	6	11	12	20	15	22	21
21	8	16	15	21	28	23	24	21	4	6	5	21	22	27	28
22	7	5	6	22	17	14	13	22	9	1	2	22	21	28	27
23	6	24	23	23	16	16	15	23	10	3	4	23	27	25	26
24	5	13	14	24	15	4	3	24	11	23	24	24	28	16	15
25	4	3	4	25	18	22	21	25	12	13	14	25	26	10	9
26	3	22	21	26	19	26	25	26	13	17	18	26	25	9	10
27	2	12	11	27	20	5	6	27	14	21	22	27	23	26	25
28	1	2	1	28	21	24	23	28	8	27	28	28	24	15	16

### 4. 30 Teams (5-Pods, 6-Teams per Pod)

Rd 1		Lanes		Rd 2		Lanes		Rd 3		Lanes		Rd 4		Lanes	
1	30	1	2	1	22	4	3	1	18	17	18	1	10	20	19
2	29	11	12	2	23	14	13	2	17	27	28	2	11	30	29
3	28	21	22	3	24	24	23	3	16	7	8	3	12	10	9
7	6	3	4	7	28	6	5	7	24	19	20	7	16	22	21
8	5	13	14	8	29	16	15	8	23	29	30	8	17	2	1
9	4	23	24	9	30	26	25	9	22	9	10	9	18	12	11
13	12	5	6	13	4	8	7	13	30	11	12	13	22	14	13
14	11	15	16	14	5	18	17	14	29	21	22	14	23	24	23
15	10	25	26	15	6	28	27	15	28	1	2	15	24	4	3
19	18	7	8	19	10	10	9	19	6	13	14	19	28	16	15
20	17	17	18	20	11	20	19	20	5	23	24	20	29	26	25
21	16	27	28	21	12	30	29	21	4	3	4	21	30	6	5
25	24	9	10	25	16	12	11	25	12	15	16	25	4	18	17
26	23	19	20	26	17	22	21	26	11	25	26	26	5	28	27
27	22	29	30	27	18	2	1	27	10	5	6	27	6	8	7

5. 32 Teams (4-Pods, 8-Teams per Pod)

Rd1		Lanes		Rd2		Lanes		Rd3		Lanes		Rd4		Lanes	
1	32	1	2	1	17	8	7	1	9	24	23	1	8	27	28
2	31	17	18	2	18	24	23	2	10	28	27	2	7	9	10
3	30	3	4	3	19	10	9	3	11	32	31	3	6	25	26
4	29	19	20	4	20	26	25	4	12	16	15	4	5	11	12
5	28	5	6	5	21	30	29	5	13	21	22	9	16	30	29
6	27	21	22	6	22	28	27	6	14	5	6	10	15	14	13
7	26	7	8	7	23	14	13	7	15	19	20	11	14	16	15
8	25	23	24	8	24	12	11	8	16	7	8	12	13	32	31
9	24	9	10	9	25	16	15	17	25	3	4	17	24	2	1
10	23	25	26	10	26	32	31	18	26	1	2	18	23	18	17
11	22	11	12	11	27	18	17	19	27	25	26	19	22	4	3
12	21	27	28	12	28	2	1	20	28	9	10	20	21	20	19
13	20	13	14	13	29	4	3	21	29	12	11	25	32	21	22
14	19	29	30	14	30	20	19	22	30	18	17	26	31	5	6
15	18	15	16	15	31	22	21	23	31	30	29	27	30	7	8
16	17	31	32	16	32	6	5	24	32	14	13	28	29	23	24

# **Colorado High School Bowling Foundation**

## **Code of Conduct for Administrators, Conference Leaders, Directors, and Coaches**

### **I will do my best to present myself as a positive role model at all times.**

Expected behavior:

- Act as a positive role model at all times. Team officials are role models for all players and parents. It is imperative that team officials and coaches set the tone for acceptable behavior, on and off the lanes.
- Winning is a consideration, but not the only one, nor the most important one. Care more about the child than winning the game.
- Create and maintain a positive environment that promotes teambuilding and development.
- Encourage players to exhibit good sportsmanship, be gracious winners and losers, and to always play fairly within the laws of the game.
- Be enthusiastic and positive. Be generous with praise when deserved and provide feedback in a positive format that promotes improvement and confidence building.

### **I will do my best to provide a safe playing situation for my players.**

Expected behavior:

- Maintain a high level of awareness of potentially unsafe conditions.
- Correct or avoid unsafe practice or playing conditions.
- Use appropriate safety equipment necessary to protect players.
- See that the players are provided with adequate adult supervision.

### **I will place the emotional and physical well-being of my players ahead of a personal desire to win.**

Expected Behavior:

- Using appropriate language in appropriate tones when interacting with players, league officials, parents, and spectators.
- Include all players in team activities without regard to race, religion, color, sex, sexual orientation, body type, national origin, ancestry, disability, ability, or any other legal protected classification.
- Treat all players, league officials, parents and spectators with dignity and respect.

### **I will treat each player as an individual, remembering the large range of emotional and physical development for the same age group.**

Expected Behavior:

- Recognize the differences of each child and treat each player as an individual while demonstrating concern for their individual needs and well-being.
- Encourage all players, regardless of skill level, to be included as a member of the team and to remain involved in the sport.
- Recognize that some physical tasks, drills, and demands are not appropriate for all youth.
- Recognize that youth may vary greatly in physical, social, and emotional maturation and consider these factors when setting up practices and competitions.

Printed name: \_\_\_\_\_

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

# Student-Athlete Participation Agreement

STUDENT-ATHLETE NAME: \_\_\_\_\_ SPORT: Bowling

I understand that a fulfilling educational sport experience requires the exercise of responsibilities on the part of both personnel associated with the athletics program and student-athletes. As a student-athlete, I understand my responsibility to commit to the principles of self-discipline, collaborative effort and team building and to be an ambassador for the institution.

## Academic Standards

I understand that my coaches are committed to the philosophy that student-athletes are students first and foremost and that all student-athletes must exhibit behaviors that demonstrate a commitment to maximizing academic success as their first priority. I understand that my coaches have created the following standards, strategies and policies to maximize the possibility of student-athletes meeting their academic goals. I understand that I am obligated to comply with these standards:

Student-athletes' academic progress will be monitored by their parents and coaches. If at any time, parents or coaches receive academic information that a student-athlete is not meeting his or her responsibilities (i.e. warning notices, probationary status notices, grade point average reduction, excessive absences notices, etc.) the head coach will meet with your parents and determine if playing or practice privileges will be restricted, suspended or terminated.

## Behavioral Expectations

I understand that student-athletes are visible representatives of the institution both on campus and off-campus and their behavior is often closely scrutinized by the media and the general public. Student-athlete behavior affects public perception of institutional ethos and the character of the student body. Therefore, it is an expectation that student-athletes will demonstrate consistent role model behavior, sportsmanship and self-control. More specifically:

Student-athletes must be committed to fair play. Intentional acts of unsportsmanlike behavior or cheating will not be tolerated.

When representing their teams during competition, student-athletes will exercise self-control in all ways including, but not limited to, resisting the use of profanity, demonstrating unnecessary aggression or hostility towards others, making inappropriate physical gestures, taunting or excessively celebrating and disrespecting coaches, officials, teammates or opponents.

Student-athletes are prohibited from interacting in any negative way with fans. When interacting with the media, student-athletes are expected to remain positive and not use media interviews as a platform to share personal frustrations about the team, coaches, the athletics department, the institution or to make any negative comments about opponents or officials.

## Physical Conditioning and Training

I understand that physical conditioning and training programs in preparation for athletics performance as designed and supervised by coaches require intense physical activities, constant feedback, and creating benchmarks to maximize each athlete's potential and team success. I understand that participation in training and instruction is an educational process that requires collaboration between coaches and student-athletes, especially as such collaboration is intended to minimize the inherent risks associated with intense physical activities that can also be mentally and emotionally challenging. Therefore, I understand the need for and accept the following participation responsibilities:

Report to my coach or an athletics trainer, any change in my physical, mental or emotional well-being that may affect my ability to participate safely. This includes any additions of prescription medications or over the counter supplements.

Commit to completing all conditioning activities and practice sessions I am asked to perform to ready me for the physical, mental, and emotional stress associated with my sport unless I have documented limitations that have been approved by the medical or counseling staff.

Refrain from outside activities that will enhance my risk of unsafe participation such as excessive exercise, alcohol consumption, taking steroids or other performance enhancing or illegal drugs.

Follow the guidelines given to me by my coaches and trainers regarding hydration, sleep and nutrition. Communicate with my coaches any time I feel any abnormal or labored physical response to exercise (i.e. pain, nausea, shortness of breath, dizziness, etc.) and to stop the activity immediately.

Communicate with my coaches any time I feel incapable of continuing to participate due to any physical, mental or emotional distress. I understand that I will not be subjected to any retribution if I self-report physical, mental, or emotional distress and elect to discontinue participation and if I believe retribution took place, I am obligated to report such to the Head Coach.

Communicate with my coaches if I become aware of another athlete's abnormal or labored physical, mental or emotional response to any activity.

Willingly discontinue participation any time a coach tells me to and, if applicable, follow their directives regarding follow-up meetings with medical staff or other appropriate professionals.

**Recognize that participation decisions must be made by my coaches. Parents may not override these decisions.**

## Teamwork, Team Expectations, and Equipment

I understand that team unity and team chemistry are key variables for a positive and successful athletics experience. Commitment to team goals is essential which, at times, may take precedence over individual goals. However, I understand that the coaches do not subscribe to a team culture based on intimidation or mandatory allegiance to questionable practices and requires that all student-athletes be treated fairly by coaches, support staff and teammates. Under these conditions, I understand that student-athletes are expected to exhibit a level of selflessness that promotes team goals. More specifically:

Student-athletes are expected to abide by team rules that have been constructed by the team, approved by the coaches, and stated in this contract.

Student-athletes are expected to attend all team practices. If for some reason you can't attend, you need to contact your coach by calling or texting. **Unexcused practices could result in a student-athletes sitting out the next competition.**

Student-athletes are expected to report any actions that establish a class system (hazing, initiations, isolation, etc.) to their coach immediately.

Student-athletes and coaches are expressly prohibited from engaging in sexual intimacies and other forms of inappropriate conduct with each other. Student-athletes are expected to immediately report any such behaviors which serve to destroy the standard of impartiality and professional trust which must be maintained by all coaches,

I agree to accept the participation standards and policies listed above and knowingly accept that violations of these standards may result in a variety of sanctions by my coaches including but not limited to restriction, suspension from or termination of participation in the bowling program.

**Student-Athlete Signature:**

\_\_\_\_\_ **Date:** \_\_\_\_\_

**Student Athlete's Cell number**

\_\_\_\_\_

**Parent's Signature (if athlete under 18):**

\_\_\_\_\_ **Date:** \_\_\_\_\_

**Parent's Cell number**

\_\_\_\_\_

**Do the coaches have permission to video record the bowler? (Yes / No)**